



École Racette School

April 2024

DATES TO REMEMBER

- Easter Liturgy - April 5 @ 11:15AM
- Locker Clean up - April 10 & 24
- Education Week - April 15-19
- Parent Advisory Meeting - April 17
- Twin Day - April 18
- PLC Day - April 19 – NO SCHOOL
- SPAA Badminton - April 23
- Multicultural Day - April 26

Community Awareness Update

Our Community Awareness Team had such a busy month! Our food drive, in conjunction with Leadership 9, took off in early March with a goal of bringing in 300 lbs of food. We far surpassed that with a whopping 623.5 lbs of food being donated to the St. Paul Food Bank and a \$230 cash donation from candy-gram sales. Congratulations to Mr. Michaud's family for the heaviest food donation.



Different groups of students also had the opportunity for a few visits to Sunnyside Manor and St. Paul Extendicare. It was such a joy to do crafts, play games, and serve ice cream to our local seniors. Much fun was had by all!



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Student Registration Fees are now due. These fees are payable through School Cash Online, or by cheque/cash/debit/credit at the main office.

New to [School Cash Online](#)? Click the link to register!

Racette School Public Calendar

We have put together a public calendar for students and families to stay up to date with the school activities.

- You can view the [Calendar here](#)

- You can add it to your device's calendar by [clicking here](#) or by scanning the Code →



REPORT CARD DATES

FOR 2023/2024

Final report cards will be ready at the end of June 2024

Changes to the Grade 6 PAT's

Due to the implementation of the new curriculum, the grade 6 students will only be writing the Social Studies & French Language Arts Provincial Achievement Tests on the following dates:

- **June 11 - FLA**
- **June 19 - Social Studies**

For Parents and Visitors

Reminder: All school doors, except the main (South) entrance, are locked.

ALL PARENTS AND VISITORS are to use the Main Street doors and report to the office to advise of your reason for being in the school.

We ask that you do not proceed to your child's class.

****NOTE**** Racette School has video recording in effect.



Parent Advisory Committee

Guided by our Catholic Community, Ecole Racette School fosters the attitudes, skills, and values that develop the potential of each individual.

Ecole Racette School Parent Advisory Committee's goal is to support the mission of the school. The committee will undertake discussions and activities that enhance student learning and foster the well-being and effectiveness of our school community.

The committee meets once a month at the school and all parents are invited to attend.

The next meeting has been postponed to Wednesday, April 17th @ 7:00pm

For more information, please view the Racette website or click on the link below to see the minutes and activities.

[Parent Advisory 2023-2024](#)

Is my child ready for technology and social media?

It is important to know that there is no right or wrong answer. What works for one family may not work for another. Even within the same family, each child is unique.

Research suggests that it is important as parents to focus on healthy relationships and communication before a child is ready to enter the world of social media and technology.

Some tips to build strong connections with your kids:

- Be available to provide attention and time
- Validate and help manage your child's feelings
- Learn about and get involved in what interests them
- Set limits

There may be benefits to technology when it is used in a healthy way. Such benefits can include:

- Developing interpersonal and communication skills
- Socializing with peers
- Develop skills such as musical, artistic, etc.
- Encourages learning
- Increased understanding of technology advancements, which are inevitable in a young person's future

Using mindfulness to manage tech & social media overload

Notice how using social media makes you or your child feel. Sometimes people compare themselves to others which may create feelings of inadequacy.

Be aware of how much time you and your child spend on social media, what apps they use, interactions that take place, and how you or your child feels afterwards.

Take breaks from social media and technology to do other things like going outside or spending time with family and friends.

Develop healthy digital habits for using technology and social media

- Balance screen time with other family activities
- Discuss online activities with one another
- Have regular conversations about social media
- Create a safe space for your kids to approach you if they have concerns
- Talk about how social media can impact emotions and feelings
- Talk about what is real and what is edited

MORE RESOURCES

[Kids & Tech: 12 Tips for Parents in the Digital Age - HealthyChildren.org](#)
[5 Ways To Form Stronger Attachment With Your Children - Crisis & Trauma Resource Institute \(ctrinstitute.com\)](#)

Information on mental health, community supports, programs and services in your area:



Addiction Services Help Line
1-866-332-2322

Mental Health Help Line
1-877-303-2642





Our Lost & Found is full of expensive, reusable water bottles.

Unfortunately, if they are not claimed by the end of the month, they must be thrown away or donated.

Parents, please mark your child's name on the personal items they bring to school. Also, have them check the Lost & Found basket in the office if they are missing anything.

Gotcha - Good Conscience

These students were "caught" doing something good for someone else! Their names will go into a draw to receive a special prize!

- Blake Anderson
- Joshua Charbonneau
- Gabriel Dayonot
- Kian Joly
- Ryder Lee
- Kyler Morrison
- Daniel Petruk
- Gus Penosky
- Domanic Picken
- Deagan Robinson
- Laetyn Robinson

Raider Thursdays

Every Thursday, we encourage students and staff to show their school pride by wearing "Racette gear" or the color blue. School gear can be purchased online at racetteschool.entripyshops.com



Grade 9 Ski Trip Highlights



Parents,
please
encourage
your child to
use the lock
on their
lockers.

Several
students are
leaving them
unlocked and
we are
concerned
about
valuables that
could go
missing.

Racette Girls Badminton

- Basingan, Shula
- Blain, Karlee
- Bohn, Paige
- Boulianne, Payton
- Culp, Brynn
- Delos Santos, Aaliyah
- Demoissac, Finley
- Dizon, Mayumi
- Foisy, Kalli
- Gerlinksy, Kara
- Graham, Keira
- Gray, Addasyn
- Hall, Emry
- Hebert, Jayde
- Jean, Olivia
- Labrie, Maybelline
- Levasseur, Brielle
- Loughran, Irelyn
- Morris, Ashlyn
- Penner, Amelia
- Pigeon, Hera
- Robinson, Laetyn
- Rudiak, Brynn
- Smyl, Masynn
- Stark, Tori
- Swiegocka, Maya
- Wilson, Jadyne
- Yaremchuk, Orysia
- Zapisocki, Sarah
- Zarowny, Makenna

Racette Boys Badminton

- Agnemark, Matthias
- Anderson, Ethan
- Corriveau, Miller
- Gervais, Kaden
- Gratton, Keiren
- Hladunewich, Marco
- Huser, Brodie
- Kabyn, Drake
- Lachance, Felix
- LaFrance, Brady
- LaFrance, Crew
- LaFrance, Will
- Lajimodiere, Dailyn
- Lampron, Antoine
- Lee, Ryder
- Levasseur, Camden
- Looy, Bentley
- Mahe, Linken
- Mahe, Reid
- Martin, Seth
- Naundorf, Mason
- Noel, Ryan
- Pawlyk, Blake
- Pilipchuk, Thomas
- Reszel, Nate
- Robinson, Deklyn
- Roche, Cohen
- Sadlowski, Colby
- Sesay, Patrick
- St. Arnault, Odin
- Yaremko, Kurt

Grade Six Badminton

- Blake Anderson
- Madalyne Anderson
- Nyxon Brodziak
- Tenley Brosseau
- Joshua Charbonneau
- Suri Corriveau
- Ayla Culp
- Keagan Ference
- Caleb Foisy
- Kale Fontaine
- Rylan Fontaine
- Liam Fujisaki
- Juliet Graham
- Sincery Harris
- Finn Haugen
- Vann Johnsen
- Lochlan Lamoureux
- Sadie Landiak
- Ayden Lee
- Caleb Martin
- David Morin
- Kyler Morrison
- Maelle Noel
- Zoey Noel
- Shanine Ouellette
- Jakin Parenteau
- Ellawyn Penner
- Gus Penosky
- Ava Pluhowy
- Ethan Potts
- Deagan Robinson
- Jeffrey Robinson
- Cassandra Shepert
- Hjordis St. Arnault
- Oliver Stepp
- Adam Swiegocki
- Maeve Allison Talana
- Jaida Woodgate-Beauregard
- Avery Yaremchuk
- Cindy Yaremko
- Alyssa Zarowny

ART 7

Art 7 used watercolour paints to create these beautiful Stations of the Cross



Station 1:

Jesus is condemned to death



Station 2:

Jesus carries His Cross



Station 3:

Jesus falls the first time



Station 4:

Jesus meets His mother

Station 5:

Simon of Cyrene helps Jesus carry His Cross



Station 7:

Jesus falls a second time



Station 8:

Jesus meets the women of Jerusalem

Station 9: Jesus falls a third time



Station 10:

Jesus' clothes are taken away



Station 11:

Jesus is nailed to the Cross



Station 12:

Jesus dies on the Cross



Station 13:

Jesus' body is removed from the Cross



Station 14:

Jesus is laid in the tomb



This year, we celebrate most of Easter season in April. Easter season lasts for 50 days, so we have plenty of time to celebrate! We continue to rejoice in the glory of the Lord's Resurrection and in the promise of eternal life.



Jesus took the sins of the world
and died on the cross,
only to rise from the dead three days later.

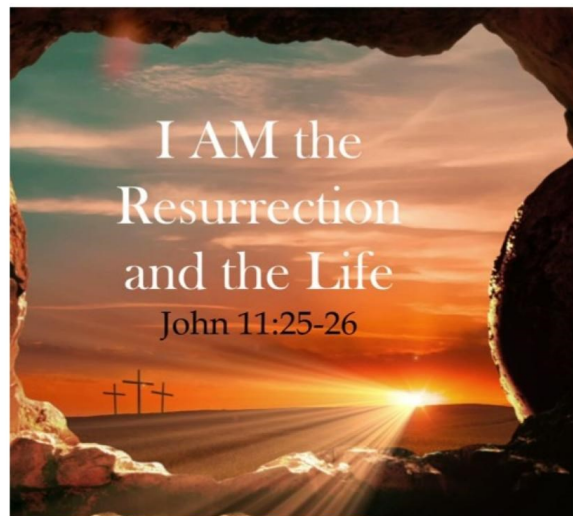
And because of this, we have eternal life!
How amazing! What a gift!

God's love for us is great!

Christ's death and resurrection make us
people of hope:
we are hopeful in God's love,
hopeful in God's mercy,
hopeful in God's everlasting life.

This is the foundation of our faith.
It is why we call ourselves 'Easter people'.

So over the next 50 days, rejoice! Be glad!
And live as truly hopeful Easter people!



A Note From Mrs. Belland

Happy April to you! Spring is on its way. Here are a few things I have been and will be talking about.

1. **Stress Lessons:** In SST classes the **grade 7's** have been learning about how to recognize and manage stress. This program will finish up in April
2. **Exam Stress:** Throughout the next couple of months, **all of the classes** will be learning about how to ward off and cope with exam stress.
3. **Stigma, Depression, and Anxiety:** The **grade 8 and 9 health classes** have been learning how to bust stigma related to mental illnesses. The grade 8's have been learning more about depression and the grade 9's will be learning more about anxiety.
4. **Consent:** As part of the **Grade 9 health** curriculum, I will be talking with the grade 9 classes about consent. This is a fact based presentation that encompasses the Catholic lens of stewardship of the body. This will only be presented to students who have parental permission for the Human Growth and Sexuality unit.
5. **Choices Event:** On **May 2nd, grade 9** students will have the opportunity to participate in a **Choices event** that will include keynote speaker **Kevin Brooks**, a **mock collision scene**, and **other speakers and information booths**. This is a full day event and lunch will be provided. More details and permission forms will be sent home in the next few weeks.

For more info:

<https://www.facebook.com/TWBMHCBSt.Paul>



Together We're Better



"He is not here; he has risen!" Luke 24:6-7

Monday		Tuesday		Wednesday		Thursday		Friday	
1 Happy EASTER He Risen	Day 4	2 Burger Special w/ Fries	Day 5	3 Macaroni & Cheese w/ Hot Dogs	Day 6	4 Chicken Caesar Salad w/ Garlic Bread	Day 1	5 Egg Roll in a Bowl w/ Dumplings	
Day 2	8 Pepperoni Pizza w/ Caesar Salad	Day 3	9 Taco in a Bag	Day 4	10 Belgian Waffles w/ Strawberries & Whipped Cream	Day 5	11 Perogies	Day 6	12 Chicken Strips & Fries
Day 1	15 Hotdog w/ Curly Fries	Day 2	16 Nacho Supreme	Day 3	17 Chicken on a Cloud	Day 4	18 Burger Special w/ Fries	19 PLC DAY NO School	
EDUCATION WEEK									
Day 5	22 Chicken Bacon Cheeseburger w/ Fries	Day 6	23 Taco Salad SPAA - BADMINTON	Day 1	24 Big Mac Casserole	Day 2	25 Chicken Nuggets w/ Poutine	Day 3	26 Pizza Sub w/ Caesar Salad Multicultural Day
Day 4	29 Chicken Bacon Ranch Sub w/ Ice Cream Sandwich	Day 5	30 Spaghetti w/ Meatballs						

Contact Us!

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Fax: 780-645-2496

Cell (For Texting Only) - 780-547-9900

STAY UP-TO-DATE WITH INFORMATION:

Racette

Website: www.racetteschool.ca

Facebook

St. Paul Education Regional Division:

Website: www.stpauleducation.ab.ca

Facebook



St. Paul Education

Learning Together, Growing Together

[Updates from the District](#)

[The March Board Highlights](#)

Student Success at Racette Junior High School

One of our main priorities at Racette School is to ensure student success. Individual teachers are the main facilitators for students in their learning, however, sometimes additional support may be required. Every day there is a 25-minute period just before lunch. It is referred to as SST (Student Support Team). During this scheduled period, students will be able to do AR reading, get caught up on missing assignments, study, or re-do assessments.